

Taking time for flu shots is time well spent.

Getting your child vaccinated for the flu is worth putting at the top of your to-do list. Why?

Each year, the flu causes illness, missed days from school, hospitalization and even death. And flu vaccines are the single best way we can protect ourselves from the flu.

Our practice recommends an annual flu vaccine for everyone aged 6 months and older who is eligible to get one. Make sure you schedule your child's annual flu shot before the start of the flu season in October.*

*Certain children aged 6 months to 8 years may need 2 doses; these children should receive the first dose as soon as the flu vaccine is available.

Protect your kids from the flu.

Talk to your doctor about getting your children a flu shot.

